

Week 30 **Menu 22 - 28 July**

Lunch 11:30 -12:30

Boxed meal order <https://www.soho.is/pantanir/>

Note: The aluminium food box is microwave-oven safe

The menu can be changed during the week. Please check menu every day

Salad, burger, burritos etc are available ordering online before 09:30

Monday July 22 Cream of Celery

Lunch. Poached cod with butter and potatoes

Dinner. Lamb meatballs with rich Italian tomato ragu

Tuesday July 23 Asparagus soup

Lunch. Pasta Bolognaise

Dinner Asian noodles with chicken and seafood

Wednesday July 24 Tomato soup

Lunch. Artic char with cold garlic sauce

Dinner Chicken with rice and curry

Thursday July 25 Cream of mushroom soup

Lunch. Fried cod with rye bread and remoulade sauce

Dinner Roasted beef with brown sauce and mashed potatoes

Friday July 26 Cauliflower soup

Lunch. Bacon, ham and broccoli, pasta with creamy sauce and garlic bread

Dinner Taco

Saturday July 27 soup

Lunch. Arabic lamb stew with cous cous

Dinner Roasted chicken.

Sunday July 28 soup

Lunch. Roasted pork Dijon

Dinner ?

**Menu available for lunch Mond. -Friday.
LHG employees can order these dishes on
Soho's website and delivered with lunch.**

Lunch reservations must be received before 9.30 am or earlier

Main course kr 2390. cake-soup and fruit box kr 450.

Side salad bread and pesto included with all dishes if asked

Menu can change during the week please follow our homepage [menu at Soho](#) before ordering.

Cesar salad Garden salad, croutons, sun-dried tomatoes, roasted seeds, Parmesan cheese, Caesar dressing and chicken

Soho lettuce Garden salad, corn tortilla, mashed sun-dried tomatoes, toasted seeds, red-beet boiled barley, juicy sweet potatoes, chicken, Middle Eastern dressing, and horseradish sauce

Chicken wings -with French fries and Caesar dip

Blt with turkey -in Baguette, tomato, lettuce, bacon, turkey, mayo, mustard tomato sauce and chips

Soho burger - with cheese, onion, tomato, dill cucumber, cabbage tomato sauce, mustard, and mayo yearly, French fries and cocktail sauce

Burrito -with chicken, tortilla chips, sour cream and salsa

Extra chicken +400 kr

